



Fairfax Pediatric Associates, PC

**ADD/ADHD
MEDICATION POLICY**
Effective 6/1/2010



Stimulant medications (i.e. Ritalin, Methylphenidate, Dexedrine, Adderall, Concerta, Focalin, Vyvanse) are classified by federal law by the DEA as controlled medications. These medications cannot be called in or faxed to a pharmacy.

National quality guidelines and insurance requirements have caused us to change our current ADD/ADHD medication policy. Please see new guidelines as written below.

If this is a **NEW MEDICATION** for your child, you will need to make a medication **follow-up visit in one month.** We closely monitor our patients who take these medications for side effects, effectiveness and safety.

Once your child is on a medication and dose that works well, you will need to make **ADD/ADHD medication maintenance appointments EVERY THREE MONTHS.** Again, we will monitor your child for proper growth and development, medication effectiveness, possible side effects, and the potential need to change medication or dosage. Please note that an interim visit for a sick appointment (i.e. a cold, sore throat, or abdominal pain) **does not** replace the need for your child to be seen for a 3-month ADHD follow-up.

We need to schedule an appropriate amount of time for these ADD/ADHD follow-up visits in order to provide the best care for your child. We can combine one of these visits with your child's routine annual physical; however, you must inform our appointment receptionist of your desire to combine this with your child's well check at the time you schedule your child's physical. Routine medication checks are shorter visits and are not long enough to discuss major issues. If you have a concern that needs to be addressed, please let the appointment receptionist know when you are making the appointment so that you will have extra time added to your visit.

Once a maintenance dose is reached, you will receive prescriptions for a 90-day supply at each follow up visit. This can be done as three 30-day refills that can be filled at your local pharmacy or as a single 90-day supply for a mail-order service. If you wish to use a mail-order service, please let your doctor know at the time of the appointment.

In an emergency situation where a refill is needed for a few days before your scheduled three month follow-up appointment, a refill can be generated for a \$5 fee. If you need this service, please call in your emergency refill requests at least 3 working days in advance to allow time for processing.

All prescriptions for controlled medications must be picked up in person in one of our offices. You must present a photo ID and sign a log for your child's controlled medication prescription.