



Prescriptions for Over-The-Counter Medications

Starting January 2011, the IRS requires that you obtain a prescription for Over-The-Counter (OTC) Medications in order to submit for reimbursement from your FSA or HSA account. There is no medical basis behind this regulation. It is for tax savings purposes only.

Prescriptions are written for controlled medications to treat clinical conditions; and though we understand some medications are expensive and tax-savings can be substantial for some families, requiring writing prescriptions for OTC medication is time-consuming and creates more paperwork. This is inconvenient for you and for the practice.

In order to comply with our prescription policies, the physicians and nurse practitioners at FPA will only write prescriptions for certain medications that we recommend for your child, and will only write prescriptions for OTC meds DURING AN OFFICE VISIT.

Requests for OTC prescriptions cannot be made over the phone.

Prescriptions will only be given for the following long-term chronic medications:

Allergy Medications

Alavert
Claritin
Zaditor
Zyrtec
Allergra

Stomach Medications

Miralax
Mylicon
Pepcid
Prilosec
Zantac

Vitamins

Multivitamins
Poly-vi-sol
D-vi-sol
Tri-vi-sol
Fer-in-Sol

If you need a prescription for one of the above medications, please tell your doctor or nurse practitioner at the time of your visit.

We will not write prescriptions for other OTC medications. There will be no exceptions. This is a service that we are providing you for tax savings purposes only. In order to provide this at no additional charge, we request that you respect our policy. Thank you.