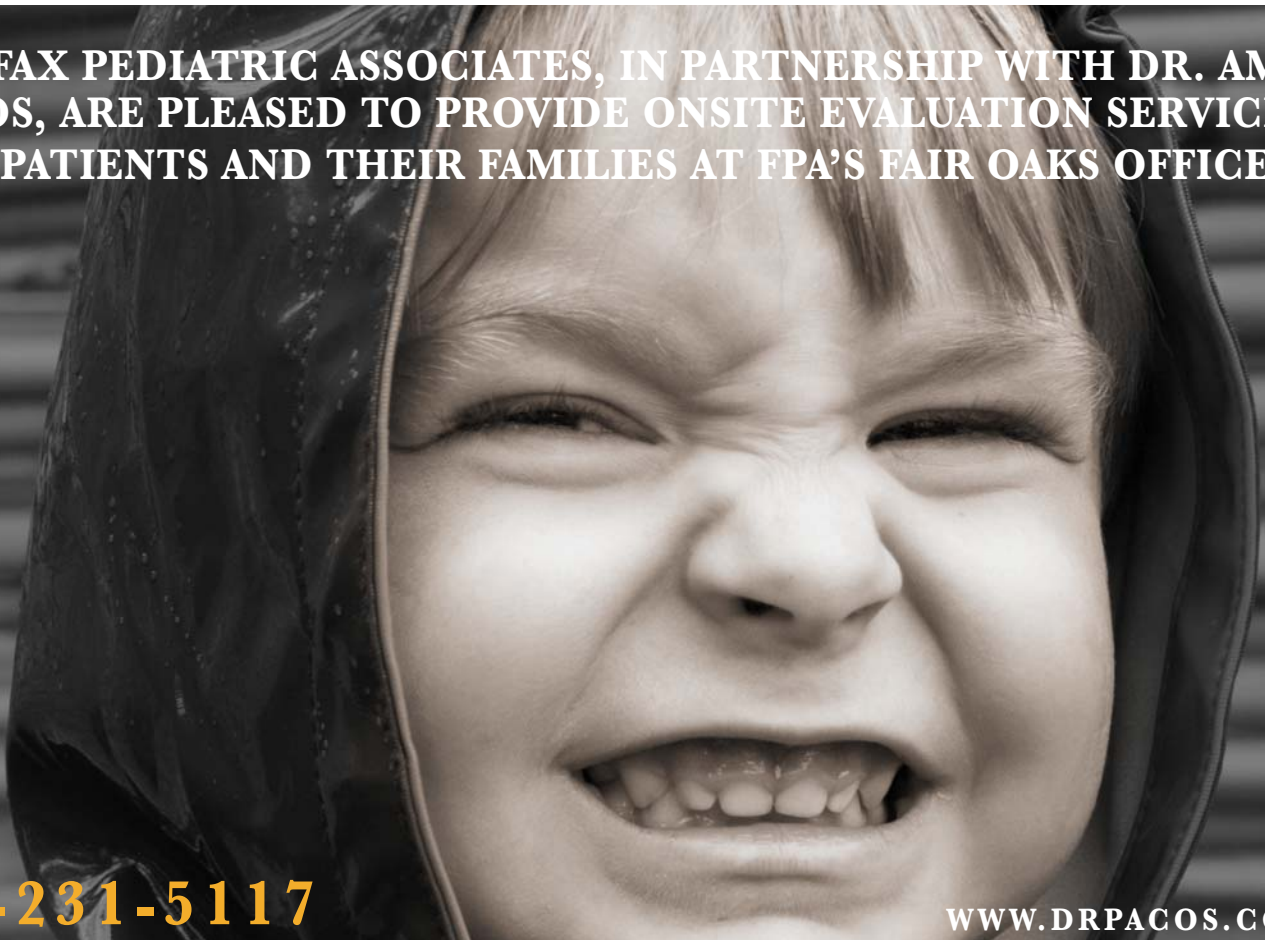


FAIRFAX PEDIATRIC ASSOCIATES, IN PARTNERSHIP WITH DR. AMY PACOS, ARE PLEASED TO PROVIDE ONSITE EVALUATION SERVICES TO PATIENTS AND THEIR FAMILIES AT FPA'S FAIR OAKS OFFICE.



703-231-5117

WWW.DRPACOS.COM

SERVICES AVAILABLE:

Neuropsychological Evaluations
Psychological Evaluations
Psychoeducational Evaluations
School Admissions Testing

EVALUATION INFO:

Testing is conducted at FPA, by appointment only. All evaluations include a clinical interview with parents, individual testing of the child/adolescent, an interpretive feedback session to go over the test results, and a comprehensive written report with individualized recommendations for both home and school life

FEES & SCHEDULING:

For further information about evaluation services (including fees), please contact Dr. Pacos at 703-231-5117 or by email at info@drpacos.com

When calling, please identify yourself as an FPA family.

COMMON REASONS FOR REFERRAL

- ADD/ADHD
- Learning Disabilities
- Developmental Delays
- Autism/Asperger's
- Traumatic Brain Injuries
- Sleep Disorders
- Genetic Disorders
- Acquired Brain Injuries
- Seizure Disorder
- Chronic Medical Conditions
- Behavioral Difficulties
- Mood/Anxiety Disorders
- Adjustment Issues
- Stress
- Social Skill Weakness
- School Difficulty
- Transition Difficulty
- Trauma/Abuse
- Interpersonal/Relationship Difficulties

ABOUT DR. PACOS

Amy M. Pacos, Psy.D. is a Licensed Clinical Psychologist and Clinical Neuropsychologist who provides therapy and assessment services to the MD, DC, and VA area. Dr. Pacos earned her Master's degree (M.A.) and Doctoral degree (Psy.D.) in Clinical Psychology from the American School of School of Professional Psychology/Argosy DC Campus.

Dr. Pacos is an Associate Clinical Professor at George Washington University and a consultant to Fairfax County's Department of Family Services where she conducts court-ordered evaluations for child, adolescent, and adult populations. Dr. Pacos collaborates with Fairfax Pediatrics Associates and provides onsite services for their families. She also maintains a private practice (Clinical Neuropsychology Services, LLC) in Arlington, VA where she provides therapy, consultation and assessment services for individuals of all ages.



Description of Evaluation Services:

- **Evaluation Consultation:** This consultation service is provided for families who have questions regarding whether their child should be formally tested or re-evaluated. The consultation appointment allows families to meet directly with Dr. Pacos who will conduct a clinical interview, obtain relevant background information, and provide feedback regarding the appropriateness of a formal assessment and assist the family in identifying local treatment options. (Approximately 1-2 hours)
- **Neuropsychological Evaluation:** A neuropsychological evaluation focuses on obtaining a detailed picture of a child/adolescent's cognitive strengths and weaknesses, academic skills, learning/memory functioning, attention/executive functioning, language skills, reasoning, visual spatial processing, gross and fine motor functioning, and social/behavioral adjustment. The goal of this evaluation is provide a comprehensive view of a child's learning profile, including identifying the presence of learning problems, processing difficulty, language issues, attention difficulty, and general mood functioning. Recommendations may include school based interventions/accommodations, tutorial services, school placement, and home-based recommendations. *This evaluation is the most comprehensive type of assessment offered and is recommended for cases in which a detailed and general overview of functioning is requested. (Approximately 5-8 hours of one on one testing)
- **Psychoeducational Evaluation:** A psychoeducational evaluation focuses on how a child/adolescent is functioning both cognitively and academically (it includes an IQ assessment and multiple academic achievement measures). The goal of this evaluation is to provide a current picture of a child's learning style, cognitive strengths and weaknesses, and/or the existence of any learning problems. A psychoeducational assessment can also provide information on how effective previous interventions have been in addressing learning difficulties and provide support for specific school and classroom placement. Recommendations may include accommodations, methods of addressing any learning differences, and ways to help the student engage more productively and pleasurably with academic pursuits. (Approximately 3-5 hours of one on one testing)
- **Psychological Evaluation:** This evaluation emphasizes the psychological functioning of a child/adolescent. The goal is to provide detailed information regarding personality and social/emotional functioning and is useful in providing diagnostic clarification of mood-based difficulty and differential diagnosis of various mental health conditions. This evaluation closely assesses personality structure, individual coping skills, behavior problems, substance abuse, interpersonal functioning, social stress, and self-esteem. Recommendations include specific treatment approaches that will address the individuals' specific emotional difficulty and provide interventions to promote more positive coping. (Approximately 3-4 hours of one on one testing)
- **School Admissions Evaluation:** This type of evaluation is required for admission into many local private schools. The evaluation consists of a cognitive assessment or IQ test (e.g. WPPSI-III, WISC-IV, or WAIS-IV). The goal of this evaluation is to provide schools with a standardized measure of a students' cognitive ability. A written report will be completed that includes a discussion of individual cognitive strengths and weaknesses. (Approximately 1-2 hours of one on one testing)

***All evaluations and reports are tailored to address the specific and unique needs of each individual child/adolescent and will vary from person to person in terms of the testing measures utilized and the total length of testing time.**

How Should I Prepare My Child/Adolescent for an Evaluation?

Before the appointment, please:

- Find your child/adolescent's previous testing records, IEP forms and report cards from school, and bring them to the appointment.
- Assure your child that there will be no pain or shots.
- If your child is school-aged, describe the testing as being like a school day.
- If your child is preschool-aged, describe the testing as playing games that involve listening, talking, and remembering.
- Let your child know that you will be nearby.
- Let your child know that they can take breaks to use the bathroom and eat lunch.
- Make sure your child gets a good night sleep and eats breakfast in the morning.
- Bring everything that your child normally needs, like glasses or hearing devices.
- It is important that parents convey a positive and confident attitude about the evaluation experience.